



# THE UNITY MESSENGER

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**Special Points of Interest:**

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 Sunday Lesson and Workshop with Jean Slatter  
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**Healing through Movement & Vision Improvement** with Meir Schneider  
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**Party Program!**  
 We had so much fun last year, we are doing it again.  
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**Spiritual Exploration Movie Series** in August.  
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**Myth & Magic & Sacred Time** by Rev. Kathy McCall

The Sunday Series, Myth & Magic, from July 10th through August 7th\*, is focused on the magical power of myth and its importance in our lives. In ancient times our ancestors began myth-making as a way to explain the world, to explore the cycles of nature and humans...and also to acknowledge our connection with one another.



Myths may or may not be factual, but they always convey truth. They map the cultural and spiritual evolution of humankind. They are the impetus for the organization and creation of civilizations. And myths also provide the foundations for world religions; infuse the ordinary with wonder and meaning; drive the urge to invent rituals; and ultimately, communicate transcendental ideas beyond words.

One of the great healing functions of myth is to show us that we are not alone with our feelings, fears, conflicts and aspirations. We are not alone. We are one part of a great story that is repeated over and over again, throughout time.

"Time itself is a mythological construct," according to Mythologist Phil Cousineau. (*Once & Future Myths*). He said, "Everywhere technology is seducing us to think we have no choice but to save a moment here, an hour there, and so, finally be happy. ...A mythology that says time is chasing us, means we must stay young and avoid aging at all costs. We should instead be influenced by stories of people like Grandma Moses who was painting at 100, Bertrand Russell who was active in international peace drives at 94, George Bernard Shaw, who wrote a play at 93, Clara Barton who founded the American Red Cross at 60, Albert Schweitzer who headed a hospital in Africa at 89, and Mary Baker Eddy who was the director of the Christian Science Church at 89."

I love this story told by Unity writer James Dillet Freeman. He said, "Just a few months after my 21st birthday, I attended a 79th birthday party that I have never forgotten. It was Charles Fillmore's. I had finished school and had just begun working at Unity. I went to a worker's meeting. Mr. Fillmore, co-founder of Unity, was the speaker. He said, "Today is my birthday. I am 79. Seven plus nine, that adds up to 16, doesn't it? Sweet 16 is what I am today."

Phil Cousineau said, "We are paralyzed by the myth of speed that tells us we will fall behind if we slow down. It is a myth that creates more and more access to information, but also burnout. The old myth said, "Time and tides wait for no one. The founding myth of our culture said, "Time is money." The streamlined myth says, "Speed is God—and we are its converts." So, the important question is, "Are you going to live by Kronos, clock time, or Kairos, sacred time?"

Frankly, I choose sacred time! The way we beguile time, is by seizing life, moment by moment, remembering the present, one day at a time, and even one moment at a time. We can consciously change our myth of time by pausing to experience timelessness, allowing ourselves to slow down and to remember, "the past is history, the future is mystery, and the now moment is a gift, that's why it's called the present." .....Not once upon a time, not here after, but right now.

Join us for the Myth & Magic Sunday Series! Become aware of your own heroic journey and your relationship to the greater story!

Loving blessings,  
 Rev. Kathy

\*CDs are available for purchase if you cannot be here on any of the Sundays between July 10th and August 7th.

UPCOMING EVENTS:



## Jean Slatter

Author of *Hiring the Heavens*

**Sunday, August 14, 2011**

10:30am Sunday Service Guest Speaker

1:00-3:00pm *Hiring the Heavens* Workshop, \$30

**Wield the Creative Power of the Universe!  
"Why not Hire from the Heavens?"**

I stumbled upon a power beyond my wildest dreams. More fantastic than the Law of Attraction and ridiculously easy to use. I wanted to understand this power and use it at will. And I knew that if I could learn how to, so could you. Would you like to tap into this power? Learn my secret!

**The time has come for a whole new  
UNIVERSE OF POWER to unfold to you.  
Are YOU Ready for a Whole New Universe of Power?**

Discover how easy it can be to call upon the gifts and talents in the world of energy and employ a spiritual workforce as your personal power team!

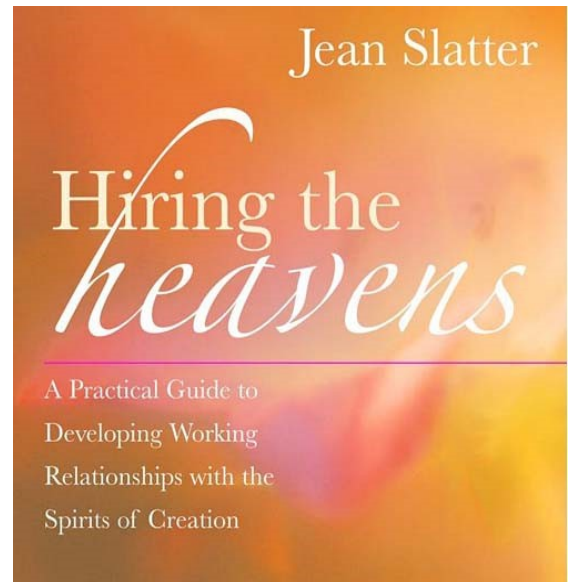
- ◆ Know you are the master of your life
- ◆ Command Prosperity instead of trying to attract it
- ◆ Get guidance and inspiration
- ◆ A method of creation to use anywhere in your life
- ◆ Enjoy wonderful relationships
- ◆ Manifest your dreams
- ◆ Be happier than you ever thought possible
- ◆ Improve your health
- ◆ Create peace at heart

*Hiring the Heavens* introduces an employment metaphor that brings the concept of "connecting with Spirit" firmly down to Earth. With fun, familiar imagery and an easy "hiring" process, it teaches you how to recruit the resources of the Heavens and mobilize a talented and willing celestial "staff". This works regardless of whether you believe in God or not, a Higher Power, your Higher Self, Buddha, Infinite Intelligence or any other Divine Power.

**The use of the Hiring the Heavens concept is not dependent on your religious or non-religious beliefs. This is a Universal Practice that ANYONE can use to get in touch with Their Divine Right to Manifest!**

**Jean Slatter** is the founder of the Creative Mystic program which teaches holistic healing modalities and spiritual philosophies intended for self-growth and assisting others on their paths to wholeness. She leads workshops across the country. She has been a presenter at the Awakenings conferences along with Marianne Williamson, Joe Vitale, Dan Millman, Jean Houston and Don Miguel Ruiz and the keynote speaker at the Unity Conference in Florida. Jean's materials have been featured in noted publications such as *First for Women* magazine, *Science of Mind*, *New Age Journal*, *Conscious Living Magazine*, and many others. She had been on dozens of radio and blogtalk programs.

Jean is a Certified Traditional Naturopath and has had a private practice since 1992. She earned her Doctor of Naturopathy from the Clayton School of Naturopathy and Ph.D. in Nutritional Therapy from the American Holistic College of Nutrition. She is a certified Nutritional Consultant through the American Association of Nutritional Consultants and is certified as an Acupressurist through the Berkeley Institute of Acupressure. She is also certified in herbology through the Tree of Light Institute. Jean is a practitioner of Allergy Elimination, Applied Kinesiology, a Reiki Master, and an active dowser since 1990. Jean has been a student of EAV (Electro-Acupuncture according to Voll) devices since 1990. She is a Founding Senior Minister of Holistic Healing with Awakenings Institute. She has always believed in living life in harmony with nature and honoring mind, body and spirit. For more information, visit [www.CreativeMystic.com](http://www.CreativeMystic.com).



Copies are available in the Unity Bookstore.



## Meir Schneider from the Center for Self-Healing

### FREE Introductory Lecture

Thursday, July 28th, 6:30-8:00pm

### Healing through Movement & Vision Improvement Workshop

Saturday, July 30th, 10am-4pm, \$155

Join **Meir Schneider PhD, L.M.T** as he visits the Santa Rosa area for the second time at the Unity Church of Santa Rosa where he will lead an interactive lecture and workshop. Self-Healing is the process of accessing your innate power to create better health. Through gentle movement, breath work, self-massage, visualization and vision improvement exercises you can create profound change. Unbalanced, poor visual habits and accumulated eyestrain compromise the health and function of the eyes. Relaxation of the eyes and proper use will improve vision. Relaxation of chronically overused muscles and use of muscles that you have never used before, enhance circulation and bring the body into better balance. Your body and vision are interrelated.

#### About Meir Schneider

Meir Schneider was born with cataracts and other serious vision problems. After five unsuccessful surgeries on the lenses of his eyes, which left them shattered and filled with scar tissue, doctors pronounced his condition hopeless and he was certified permanently legally blind. He performed his reading and schoolwork in Braille. At age 17, Meir learned the Bates Method of eye exercises. He practiced them with a diligence that probably no one had ever applied to them before, up to 13 hours a day, undeterred by the skepticism of family and friends. To this he added his own regimen of self-massage and movement. Within six months, he could recognize visual objects for the first time; within 18 months, he could read print without glasses. His vision continued to improve, and today is 20/80. He holds a current unrestricted California driver's license. During his recovery process, while still a teenager, Meir began to help others with a wide range of degenerative conditions, such as polio, muscular dystrophy and multiple sclerosis. He found that the same principles which enabled him to gain functional eyesight could be applied to the entire body.



His discoveries led to the creation of the Meir Schneider Method of Self-Healing through Bodywork and Movement, helping tens of thousands of people with serious physical and visual conditions worldwide. An internationally respected therapist and educator, Meir is the founder and director of the School for Self-Healing in San Francisco, the author of *The Natural Vision Improvement Kit*, *Movement for Self-Healing*, *Yoga for Your Eyes*, *Meir Schneider's Miracle Eyesight Method*, *Self-Healing: My Life and Vision* and the principal author of *The Handbook of Self-Healing*. He was awarded a PhD in the Healing Arts for his work with muscular dystrophy. [www.self-healing.org](http://www.self-healing.org)

#### What people say about Meir's work:

"After being diabetic for 20 years, and being diagnosed as legally blind from its complications, I was left to either live as a blind person or seek another way. I chose to work with Meir Schneider intensively, to immerse myself in his teachings. What I learned in the training is personal, indescribable and life affirming. I use the knowledge I gained in Meir's training every day of my life. I now have an unrestricted driver's license." - Rachel Riley Cox, Palo Alto, CA

"Over the years, I had numerous surgeries for retinal detachments in both eyes. In 1991, I lost one eye after a difficult surgery. Then I met Meir. After working with him over a year, I stabilized the sighted eye and improved its vision." - Larry Scoville, San Francisco, CA

"I have been impressed with the work of Meir Schneider for many years, having personally seen improvements in patients' vision of those who have worked with him. The ability of the visual system to adapt and regain function is still full of mysteries. Through Meir's work, we are finding some of those mysteries to be realities." - August Reader III, M.D., F.A.C.S., Clinical Professor of Ophthalmology, California Pacific Medical Center, San Francisco

## Healing yourself through Movement & Vision Improvement

#### Seeking recipes for a cookbook!



We are compiling a recipe book of all of our Unity friends' recipes. Please bring them with you on Sundays or email them to [info@unityofsantarosa.org](mailto:info@unityofsantarosa.org).



#### Men's Group Meeting Sunday, July 10th, at noon.

Calling all men interested in a Men's Group. We want your input on forming this group.

## Unity Church of Santa Rosa

Presents

# Spiritual Exploration Movie Series

Thursday evenings

6:00 pm – 8:30 pm

**August 4** "The Shift" featuring Dr. Wayne Dyer ~  
A fictional plot illustrating the meaning of a purpose-driven life

**August 11** "What the Bleep do we Know?" ~  
Story documentary about the quantum field

**August 18** An Evening with "Abraham Hicks" ~  
Questions and answer session with channeled entity "Abraham"  
by Esther Hicks addressing the Law of Attraction in Action.

**August 25** "I Am - The Documentary" ~  
Exploration of our world's ills and solutions;  
interviews with today's impactful spiritual leaders.

*Free Admission  
Refreshments Available  
Intermission and After Show Discussion*



## Laughter Yoga Group

Starting July 11th  
Mondays, 5:30-6pm  
Love Offering

Laughter Yoga is a unique health trend exploding around the world. Developed by an Indian medical doctor, Dr. Madan Kataria, it combines unconditional laughter with yogic breathing (Pranayama). Science has proved that the body cannot differentiate between simulated and real laughter. Laughter Yoga is the only technique that allows adults to achieve sustained hearty laughter without involving cognitive thought and have lots of fun.

In just 30 minutes you will receive many benefits, to name just a few:

- ◆ Releases feel good hormones in the body
- ◆ Lifts depression
- ◆ Brings fresh oxygen into the body
- ◆ Releases tension and stress
- ◆ Boosts the immune system
- ◆ Lowers blood pressure
- ◆ Shifts our energy from stress to peaceful thoughts
- ◆ You'll sleep better

Join Nancy Marie Salmon, Certified Laughter Yoga Instructor.

**Laughter**  
is the  
**BEST**  
medicine.

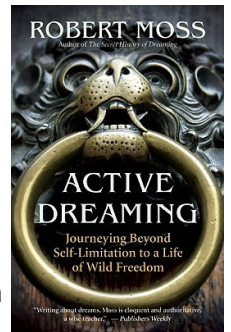
Wear something comfortable. This is a donation appreciated event. <http://www.morejoy.org/Site/Videos.html>

So laugh your way into good health, have fun and meet new people.

## Dream Group

All are welcome to attend this group, facilitated by Rev. Kathy, a Dream Worker certified through the Marin Institute for Projective Dreamwork. This is an opportunity to share your dreams and learn more about dream interpretation in a small group setting. The group meets the 1st & 3rd Tuesday of each month from 10:30am-12 noon. Love offering.

**New!** The Dream Group will begin using a book to go along with their discussions. The book is titled *Active Dreaming* by Robert Moss. Copies are available for sale in the Unity bookstore.



## Workshop for Women

Save the date!

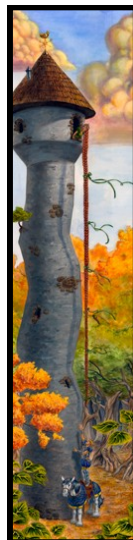
Saturday, September 24th, an all-day workshop for women with Rev. Kathy McCall.

### "Emergence from the Magic Tower"

We will take a heroine's journey together, using insights from Jungian psychology, mythology, and several spiritual traditions to awaken and deepen our feminine selves.

### Unity Women's Group is on Summer Break

The women's group is taking a break for the summer and will be back in September. This group consists of members and friends of Unity Church of Santa Rosa. It is a spiritual, social, and service group dedicated to the Truth Principles of Unity.



## Upcoming Sunday Services

**July 3, Rev. Kathy**

**Lesson:** "Breaking Free"

Sacrifices were made for the birth of our country. Our personal freedom includes sacrificing the tendency to give our power away to others, and claiming our own Divine Authority.

**Special Music:** Ava Grail

### Myth & Magic Sunday Series with Rev. Kathy

In this 5 week Sunday series we will be exploring the magical power of myth, why we need it, how it impacts us personally and collectively, and how it can make a difference in our lives and our world.

**July 10: The need for Myth**

Stories or myths have a magic about them because they are clues to the spiritual potential of human life. They are sacred narrative. **Special Music:** Star Tom

**July 17: Archetypes, Symbols, and Heroes**

The myths that give our life significance are deeply archetypal and teach us how we are connected to the greater story. This heals us and restores our nobility.

**Special Music:** Maury Manseau & Cheri Buonaguidi

**July 24: Personal Mythology**

We have the capacity to step back, examine our mythology (our lived reality), assess and transform it. New myths are vying to be born in our society and psyche.

**Special Music:** Andoni Panici

**July 24th is Friendship Sunday!**

**July 31: A Magical Life**

We all have the possibility of a magical life when we embrace 1) imagination, 2) wonder, and 3) miracles.

**Special Music:** Teresa Tudury

**August 7: Creating a New Story**

One person expressing a spiritual presence or state of being, can affect the whole...and especially as we begin to serve and help others beyond our selves.

**Friendship Sunday!**  
**July 24 & August 28**  
**Every 4th Sunday of each month**

Bring a friend to church! This is also a nice Sunday to bring an extra snack or dish to share for the Social Hour following service.

**August 14, Jean Slatter**

**Lesson:** Hiring the Heavens

Discover how easy it can be to call upon the gifts and talents in the world of energy and employ a spiritual workforce as your personal power team!

**Special Music:** Star Tom

**Workshop to follow, see pg. 2 for details.**



**August 21, Rev. Kathy**

**Lesson:** In the Question

This is an opportunity to share your questions anonymously and hear Rev. Kathy's answers. Questions may be philosophical, theological, or personal; or about Unity principles or church business.

**August 28, Rev. Kathy**

**Lesson:** Reincarnation: A Unity Perspective

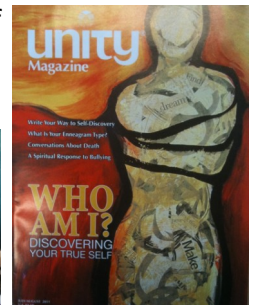
Unity teaches that reincarnation is a plausible explanation for eternal life and the seeming injustice in the world.

**Special Music:** Andoni Panici

**August 28th is Friendship Sunday!**



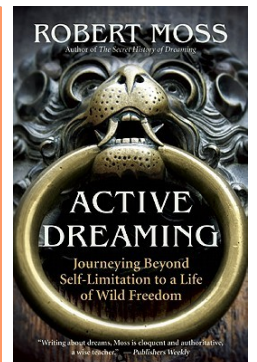
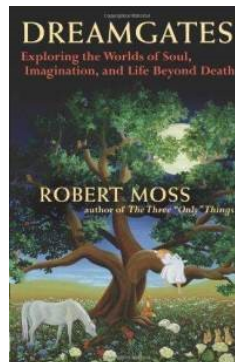
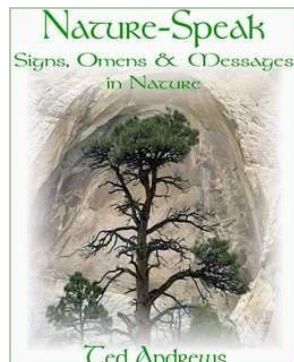
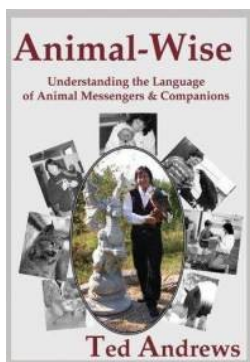
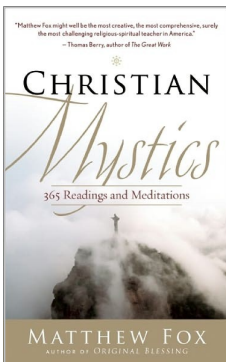
**PLEASE NOTE:** Please bring your **Prosperity Bank** on July 3rd and August 7th to empty it out. There are extra Prosperity Banks (green boxes) for gathering your spare change in the back of the Sanctuary. The banks are emptied out at church on the first Sunday of each month.



## Bookstore News

Don't forget pick up a copy of the *Daily Word* and *Unity Magazine*

New titles available in the bookstore:



## Party Program 2011!



**When:** Parties are held July through December.  
**Buy tickets for all parties on Party Sunday, July 17th.**

**Where:** Tickets purchased at Unity Church of Santa Rosa.  
Parties held at individual homes/places determined by each party giver.

**Why:** For fun and fundraising, building community and creating prosperity.

**Saturday, July 23, 2:30pm**

Summer High Tea (Santa Rosa)

Hosted by Vera Williams

Have a high tea experience with tea sandwiches, scones, and other sweets and fruit. Champagne also provided. \$25

**Saturday, August 6, 5-8:30pm**

Dinner in the Country (Healdsburg)

Hosted by Jeanette Brizee

Enjoy a fabulous dinner in a lovely country garden setting surrounded by a view of the vineyards in Alexander Valley. Begin with wine or non-alcoholic beverage, hors d'oeuvres, and conversation. \$50

**Sunday, August 7, 2:30-5pm**

Gentle Yoga & Meditation (Unity Church)

Hosted by Clare O'Callahan

An intro to Hatha Yoga followed by a meditation experience. Yoga prepares the body for being still for meditation. All levels of physical abilities are welcome. Clare has over 40 years experience teaching yoga. She currently teaches at the Senior Center. \$20

**Saturday, August 13, 3:00-5:00pm**

Happy 90th Birthday Pauline! (Santa Rosa)

Hosted by Elizabeth Cupp

The moon is full and we're celebrating eternal youthfulness as we honor our own Pauline Traub's 90th birthday! \$10

**Friday, August 26, 6:30-8:30pm**

A Night in Egypt (Unity Church)

Hosted by Rev. Kathy McCall

Journey to the land of mystery as Rev. Kathy shares pictures and stories of her Egyptian trip. We will explore some wonders of this ancient civilization as well as the reality of Egypt today. Who were Nefertari,

Nefertiti, Ramses II, Akhenaten, and Queen Hatshepsut? What's in the Great Pyramid? What did the Egyptians believe happened after death? Why is this country and culture so important to us? Join us for a fun and inspiring adventure! Middle Eastern snacks provided. \$25

**Saturday, August 27, 2:00-6:00pm or so**

BBO & Pool Party! (Windsor)

Hosted by Sonny, Fran, John, and Julie Rae

This party has a Hawaiian theme. Wear your favorite Hawaiian shirt! There will be music and entertainment. \$25

**Saturday, September 3, 10am-2pm**

Hike to Lake Ilsanjo (Santa Rosa)

Hosted by Ursula Bochem

A 5-mile hike and about 500ft in elevation to Lake Ilsanjo in Annadel Park. Bring water and a bag lunch. \$10/person or \$20/family

**Friday, September 16, 5:30-7pm**

Guy Richards By Request Concert (Unity Church)

Hosted by Guy Richards

The talented Guy Richards will play piano. He will play his own line-up and any requests. Hors d'oeuvres and punch will be served at 5:30pm and the concert will begin between 6:30 and 7pm. \$15

**Saturday, September 17, 9:30-11:30am**

Doggie Brunch (Santa Rosa)

Hosted by Kathy Hoare

Bring your pooch to meet other Unity doggies and make new friends! Held at the newly renovated De-Turk Round Barn Dog Park in Railroad Square, Santa Rosa. Doggie treats, prizes, coffee and baked goods served. Woof! \$10

**More parties!** →

...more parties for our Party Program 2011

Buy your tickets on Sunday, July 17th



**Friday, October 7, 7:00-8:00pm**

Dance Party (Unity Church)  
Hosted by Kerry & Cindy Jacobs  
Dance to the music of DJ Freddie Marsh-Lott. Singles welcome. Light snacks and a dance lesson will be provided. \$20

**Saturday, October 8, 2:00-4:00pm**

Poetry Share/Dare (Windsor)  
Hosted by Ann Berens  
Bring poems you've written to share and be prepared for an exercise in poetry writing from some stimulating ideas! Enjoy an English tea and goodies! \$10

**Saturday, October 22, 6:00-9:00pm**

Dishes from Singapore (Santa Rosa)  
Hosted by Ellie More & John Consedine  
We will serve Chinese food Ellie learned to cook in Singapore. One special dish will be wonton soup and there will be other surprises. John will do one of his awesome stir fries! \$25

**October 15, 9:00am-3:00pm**

Silent Retreat Day (Santa Rosa)  
Hosted by Kathy Hoare  
Spend a day with community in Silence and prayer. Fast or bring a bag lunch. Immerse yourself in the beautifully manicured grounds, meditation room, and chapel at the Angela Center. \$20

**Saturday, November 5, 11:00am-1:30pm**

Creating Collage: My New Year's Vision from the Right Brain (Unity Church)  
Hosted by Rev. Alyzsa Van Til  
Alyzsa will provide hundreds of colorful pieces to choose from plus poster board, scissors, and glue. \$20

**Friday, November 18, 7:00-10:00pm**

Balderdash Game Night (Windsor)  
Hosted by Jana Hollenback  
Come for dessert and a game of Balderdash, the hilarious bluffing game. Bring your imagination and a sense of humor to win a prize. Liars are winners in this fun game! \$10

*Community Advertisements*

The views and practices of paid advertisements and classified listings are not endorsed by or affiliated with Unity Church of Santa Rosa.

**Kathleen Hoare**

Your navigator in today's complex mortgage world

[www.SonomaCountyHomeLoans.com](http://www.SonomaCountyHomeLoans.com)

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Fax (866) 611-6713

[kathy@sonomacountyhomeloans.com](mailto:kathy@sonomacountyhomeloans.com)

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**Newsletter Advertising**

**We have a wonderful way for you to reach 200 local homes by advertising right here in this newsletter.**

This is a bimonthly publication with 6 issues a year. All advertisements and classified ads are due before the 1st of the month prior to the next edition. (Example: Ads are due Oct 1st for the Nov/Dec edition.) Display ads and classified listings will be approved for services, businesses, and events that align with the Unity principles and depending on our own event calendar. Pricing for each publication is as follows:

**Classified Listing:** \$5

A listing is a text only ad with 30 words or less.

**Display Ads:**

Business Card Display Ad: \$20

1/4 Page Display Ad: \$40

1/2 Page Display Ad: \$80

Full Page Display Ad: \$160



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# July 2011

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3 Birthday Sunday! <b>10:30am Service</b> Rev. Kathy McCall “Breaking Free” Music: Ava Grail	4 Independence Day	5 <b>10:30am-noon</b> Dream Group	6 <b>6:30-8:30pm</b> Prosperity Plus Class (closed)	7	8	9
10 <b>10:30am Service</b> Rev. Kathy McCall Myth & Magic Series “The need for Myth” Music: Star Tom <b>12pm Men’s Group</b>	11 <b>5:30-6pm</b> Laughter Yoga	12	13 <b>6:30-8:30pm</b> Prosperity Plus Class (closed)	14	15	16
17 <b>10:30am Service</b> Rev. Kathy McCall Myth & Magic Series “Archetypes, Symbols, and Heroes” Music: Maury Manseau & Cheri Buonaguidi <b>11:30-12:30 Party Sunday</b> —Buy your party tickets!	18 <b>5:30-6pm</b> Laughter Yoga	19 <b>10:30am-noon</b> Dream Group	20 <b>6:30-8:30pm</b> Prosperity Plus Class (closed)	21	22	23 Women’s Group is on Summer Break until Sept.  <b>2:30pm Party Program High Tea (off site)</b>
24 Friendship Sunday! <b>10:30am Service</b> Rev. Kathy McCall Myth & Magic Series “Personal Mythology” Music: Andoni Panici	25 <b>5:30-6pm</b> Laughter Yoga	26	27 <b>6:30-8:30pm</b> Prosperity Plus Class (closed)	28 <b>6:30-8pm</b> Free Lecture with Meir Schneider to introduce Satur- day workshop	29	30 <b>10am-4pm</b> Healing through Move- ment & Vision Improvement Workshop with Meir Schneider
31 <b>10:30am Service</b> Rev. Kathy McCall Myth & Magic Series “A Magical Life” Music: Teresa Tudury						

**Unity Church of Santa Rosa**

Sunday Service and Sunday School: 10:30am

# August 2011

Unity Church of Santa Rosa  
 Sunday Service and Sunday School: 10:30am

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 <b>5:30-6pm</b> Laughter Yoga	2 <b>10:30am-noon</b> Dream Group	3 <b>6:30-8:30pm</b> Prosperity Plus Class (closed)	4 <b>6:00-8:30pm</b> Spiritual Explora- tion Movie Series "The Shift"	5	6 <b>5-8:30pm</b> Party Program Dinner in the Country (off site)
7 Birthday Sunday! <b>10:30am Service</b> Rev. Kathy McCall Myth & Magic Series "Creating a New Story" Music: TBA <b>2:30-5pm</b> Party Program Yoga	8 <b>5:30-6pm</b> Laughter Yoga	9	10 <b>6:30-8:30pm</b> Prosperity Plus Class (closed)	11 <b>6:00-8:30pm</b> Spiritual Explora- tion Movie Series "What the Bleep Do We Know?"	12	13 <b>3-5pm</b> Party Program 90th Birthday Party for Pauline Traub (off site)
14 <b>10:30am Service</b> Jean Slatter, Guest "Hiring the Heavens" Music: Star Tom <b>1-3pm Workshop</b> with Jean Slatter	15 <b>5:30-6pm</b> Laughter Yoga	16 <b>10:30am-noon</b> Dream Group	17 <b>6:30-8:30pm</b> Prosperity Plus Class (closed)	18 <b>6:00-8:30pm</b> Spiritual Explora- tion Movie Series "Abraham Hicks"	19	20
21 <b>10:30am Service</b> Rev. Kathy McCall "In the Question" Music: TBA	22 <b>5:30-6pm</b> Laughter Yoga	23	24 <b>6:30-8:30pm</b> Prosperity Plus Class (closed)	25 <b>6:00-8:30pm</b> Spiritual Explora- tion Movie Series "I Am—The Documentary"	26 <b>6:30-8:30pm</b> Party Program A Night in Egypt	27 <b>2-6pm</b> Party Program BBQ & Pool Party (off site)
28 <b>10:30am Service</b> Rev. Kathy McCall "Reincarnation: A Unity Perspective" Music: Andoni Panici	29 <b>5:30-6pm</b> Laughter Yoga	30	31			



**Save the date!**

## Healing and Wholeness Fair

Saturday, October 1, 2011

Stay tuned for more details.

- ◆ **Healing Sessions**
- ◆ **FREE Lectures**
- ◆ **Products for Sale**
- ◆ **Vegetarian Food**

## Unity Church of Santa Rosa Planned Giving Program

*Generosity is my natural state.*

*I easily expand and extend into experiences of abundance and prosperity.*

The Unity Church of Santa Rosa's Planned Giving Program enables congregants and friends of Unity to help build the long term prosperity of the church through planned gifts for the future, providing donors with an enduring opportunity for giving.

Planned giving is the promise of financial gifts in the future upon the passing of the giver. It is an intentional act that leaves a lasting legacy in your name and sustains the powerful work of this church for generations to come.

### **These are the gifts typically donated.**

- ◆ Bequest in a will
- ◆ Living trust
- ◆ Life insurance policy
- ◆ IRA or retirement
- ◆ Personal property, like a car or other items of value

### **4 Easy Steps for Giving to the Planned Giving Program**

1. Make the commitment to give now through a promise of giving.
2. Identify your gift goals.
3. Notify your legal advisor, insurance carrier or fund administrator to revise or establish your will, trust, insurance policy, and/or estate making Unity Church of Santa Rosa a beneficiary.
4. Notify Unity Church of Santa Rosa of your gift commitment, that we may hold you in prayer and honor you with recognition if you desire. Gifts can be made anonymously. You may request a form at the office or download a form from the website.

Insurance policies, wills, retirement and investment funds, can all have more than one beneficiary, so your estate can benefit both your family and your church community. All donations to our church are tax free events that can shelter a portion of your estate from tax consequence. Always seek the counsel of an attorney and/or a licensed, certified estate planner or financial professional when considering these options. For additional information from the church, contact the Board of Trustees or Minister.

### **Gift Basics**

#### Wills

Most people of legal age need a will to avoid the state stepping in upon your passing to supervise liquidation of your estate. Your estate consists of any debts and assets owned by you at the time of your death. Assets can include your bank account, retirement funds, trusts, insurance benefits, home, car, and personal property. If the state probates your estate, the court will give your remaining assets after debts are paid to your next of kin after taxation, but nothing will go to those special relationships in your life, or to any church or other community important to your values. An estate planning attorney can help you prepare a will, or you can prepare your own simple will using available resources.

A bequest is the instruction in the will to gift a specific portion or percentage of your assets to a specific recipient. A sample of a bequest to the church would be, "I give, devise and bequeath to Unity Church of Santa Rosa, 4857 Redwood Hwy, Santa Rosa, CA 95403 \_\_\_\_\_% of my estate ( or a specific sum of money, or description of property, or "the rest residue and remainder of my estate") to be used for its general tax-exempt purposes and without other restrictions as to use."

#### Life Insurance

You can make Unity Church of Santa Rosa the beneficiary of a percentage or all of an existing life insurance policy. You can purchase a new life insurance policy and make the church the owner and beneficiary with the premiums being made as tax deductible contributions to Unity Church of Santa Rosa. Your insurance agent can help you add Unity Church of Santa Rosa as a beneficiary to an existing policy or open a new policy in the church's name.

#### Retirement Plans

You may make Unity Church of Santa Rosa a beneficiary of your retirement or profit sharing plan. Contact your retirement fund administrator to arrange this.

#### IRAs

Individuals 70 ½ and above can contribute IRA benefits in tax free transfers directly to Unity Church of Santa Rosa. Contact your IRA custodian to make these donations.

With our Planned Giving Program, there is never an obligation to give;  
only an opportunity to give, acknowledging our shared values and dedication to Truth and Unity principles.  
Please contact Unity Church of Santa Rosa for more information or questions (707) 542-7729.

## About The Church

### YOUTH EDUCATION

Our youth meet every Sunday at 10:30am under the loving direction of our Sunday School teachers Merrie Rivera, Alannah Williams-Oliver, and Patricia O'Connell. The YE room is set up for childcare and youth classes. Your children will not want to leave!

### UNITY PRAYER CIRCLE

Join us for early-morning prayer and meditation before the Sunday Service. Sunday from 9:40-10:00am in the Youth Ed Room.

### MUSIC

Unity Church of Santa Rosa has a talented choir called Heartsounds. We also have a dedicated and oh-so-talented pianist Guy Richards. Our music director is Jeanette Brizee. She and Randi Vessels are our song leaders. We continue to invite wonderful musicians. Make sure to check the music calendar on our website to see any updates.

### Special Music Line-up

- July 3 Ava Grail
- July 10 Star Tom [www.StarTomMusic.com](http://www.StarTomMusic.com)
- July 17 Maury Manseau & Cheri Buonaguidi
- July 24 Andoni Panici [www.AndoniPanici.com](http://www.AndoniPanici.com)
- July 31 Teresa Tudury [www.TeresaTudury.com](http://www.TeresaTudury.com)

For an up-to-date list of musicians, please visit our website at [www.UnityofSantaRosa.org](http://www.UnityofSantaRosa.org).

2011-12 Board of Trustees	
Minister	Rev. Kathy McCall
Board President	Wayne Wong
Vice President	Sue Hicks
Treasurer	Kathy Hoare
Secretary	Cindy Jacobs
Here to Serve You At Unity	
Sunday School	Merrie, Alannah, Patricia
Executive Assistant	Liz Lockett
Bookkeeper	Sue Dyslin
Chaplains	James/Jeanette/Randi/Paul/Robin
Music Director	Jeanette Brizee
Pianist	Guy Richards
Newsletter/Bulletin	Liz Lockett
Social Hour	Kathy H./Ellie/Roxanne
Sound Team	Hicks/Jones/Fitzgerald
Special Events/UWOW	Rev. Kathy McCall
Tithe Team	Rev. Kathy and Daphne Tanner
Ushers and Greeters	Nancy Caplan/Jeanette Chapman
Plant Care	Wayne Wong

### SPECIAL MUSIC JULY 24th

**Teresa Tudury** started writing songs at age 12 and was performing in San Francisco nightclubs by the time she was 15. She has played on and off in the Bay Area for years, and for almost two decades was based in Los Angeles where in addition to music gigs, she wrote comedy and worked as a character actress on stage and screen.



She has just released *Such Fine Things*, her latest CD. [www.TeresaTudury.com](http://www.TeresaTudury.com)

"Part chanteuse, part comedian, part bona fide pop artist... and a voice that could stop a war." —Buzz Weekly

"Picture a cross between Bette Midler and Bonnie Raitt musically, and toss in the most side-splitting stage patter imaginable, and you have Ms. Tudury." —Johnny Angel, LA Weekly

"I think 'Cheering Your Little Ass On' is the greatest song ever written." —Charles Perry, Rolling Stone and LA Times

## Volunteer Opportunities

**Art and Floral Team Members**—Bring flowers and help decorate church on some Sundays and for special events.

**Greeters and Ushers**—To greet people as they arrive and leave, and hand out bulletins on Sunday mornings and occasional Special events.

**Prosperity Team**—Help with fundraising and church growth.

**Hospitality Host/Hostess (1-2)**—Sundays per month to make coffee, set up snacks and clean up; arrive at 9:45 am.

**Marketing/PR Assistant**—Assists our Executive Assistant, Liz, with various aspects of marketing the church: renews Craigslist ads daily; manages newsletter ads; writes press releases; flyer distribution, radio, television promotion (Any or all of above).

**Newsletter Assembly Team**—Help with folding and preparing the newsletter for mailing one afternoon every two months.

**Newsletter Contributors**—Examples: Read and write a book review every two months; Interview congregants about how they found Unity and what it means to them. (2 per issue-every two months).

**Photographer**—Takes photos of church special events, holidays, etc.



**Rental Manager**—Coordinates and promotes church facility rentals.

**Sound Team Tech**—(1) Sunday per month to run sound for Sunday Services. Training is provided.

**Volunteer Coordinator**—To recruit, coordinate, and support volunteers and appreciation efforts; Creates 1 or 2 annual events to honor volunteers.

**Workshop/Event/Party Planners**—Leader(s) to help organize up-coming events and parties and gather volunteers to assist.

**Workshop/Event/Party Assistants**—To assist with set-up/break-down; registration and ticket sales.

Contact the office or talk to Rev. Kathy about how you can help.

## All are welcome!

**UNITY CHURCH OF SANTA ROSA**  
4857 OLD REDWOOD HWY  
SANTA ROSA, CA 95403

Located just north and across  
from Molsberry Market in the  
Larkfield Business Park.

**Rev. Kathy McCall**

E-Mail:  
revkathy@unityofsantarosa.org

Office E-Mail:  
info@unityofsantarosa.org

**Phone:** (707) 542-PRAY (7729)

**Fax:** (707) 542-7732

We're on the Web!  
[www.UnityofSantaRosa.org](http://www.UnityofSantaRosa.org)

**Office: Tue-Thu, 10am- 4pm**

**Sunday Service: 10:30am**

## Helpful Giving

If you are in the supermarket or office supply store and see a good deal, why not pick up some extra for the church? This is an inexpensive way to help above and beyond your usual tithing. We can use:

- ◆ Standard white copy paper
- ◆ Paper towels
- ◆ Toilet paper & Kleenex
- ◆ All-purpose cleaner
- ◆ Small bottled water (8-10 fl oz)
- ◆ 30 gal & 13 gal trash bags

If you think of something else, please just ask!



If you have an extra digital camera that you can donate to the church, we would love to start taking more pictures at our events.

Alannah, one of our Sunday School teachers, is willing to start doing some Unity scrapbooking! Any prints you have made of unity events or gatherings can be turned in to the office.



Did you know Unity Church of Santa Rosa is on Facebook? You can stay informed about our events and classes just by reading your Wall. Just "like" us when you go to [www.facebook.com/unitysr](http://www.facebook.com/unitysr)

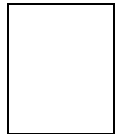
## Wellness Calling

Over the next month the chaplains will be phoning our congregants to see if you would like prayer support. If prayer is not needed when you get the call, please feel comfortable to say you do not need it at this time. Likewise, if you haven't heard from anyone over the next month and you would like to be called, please let us know!



## THE UNITY MESSENGER

UNITY CHURCH OF SANTA ROSA  
4857 OLD REDWOOD HWY  
SANTA ROSA, CA 95403



Please recycle this newsletter or pass it on to another person when you are finished with it. If you would like to receive this information by email to save on resources, please let us know!

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