Unity Church of Santa Rosa 707-542-PRAY
May/June 2011

THE UNITY MESSENGER

If You Think You Can, You Are Right! by Rev. Kathy McCall

A therapist was working with a man who was feeling bad about his work. Since he always felt bad about something, she told him a riddle. "There's a goose in a bottle. It's a big, fat, healthy goose sitting at the bottom of a large bottle with a round bottom and a thin neck. How do you get the goose out of the bottle without breaking, cracking, melting, squeezing, vaporizing, or changing the bottle in any way?" When the man gave up after some unsuccessful efforts, she said to him, "I'll give you four hints: Who put the goose in the bottle?...and when?...and why?...and with what?" He said he did not know, but she responded, "Sure you do. Who put the goose in the bottle? You did. When? About two minutes ago. Why? Because I told you to. And with what?"'"With my mind!" he said. "It's my mind; the problem is not in my life, it's in my mind."

The mind has three major tendencies: to be busy with thoughts, to think a lot of negative thoughts, and to wander from thought to thought. We cannot keep negative thoughts from busily wandering into the mind. We can, however, keep them from staying in the mind. We do this by creating a peaceful mind. A peaceful mind is the result of focusing on the opposite thoughts—those that are positive. For example, notice the difference. Think of a challenging goal in your life and then say to yourself, "How on earth did I think I could ever accomplish my goal? It's impossible! What was I thinking?" Now think of the challenging goal again and then say to yourself, "I know my goal is achievable and I am absolutely committed to making it happen. I am willing to do whatever is necessary to achieve my heart's desire." Henry Ford said, **"If you think you can or you think you can't, you are right."**

We have a choice to turn from negative thoughts to positive; or we can turn our attention away from the thoughts to our breath; to an affirmation; to a soothing sound like music, or prayer, or a mantra; to a memory of a serene place. Or we can watch the thoughts come and go in our mind without getting involved in them. "We can watch the birds of worry and care fly about our head, but we do not have to let them build nests in our hair." Our mind is our world. Our thoughts are the tools with which we carve our life story on the substance of the universe. When we rule our mind, we rule our world. When we choose our thoughts, we choose results. As we open ourselves to the Greater Mind we can achieve a peaceful mind.

Jack E. Addington said, "Jesus found his inner peace to the point that nothing anyone did to him could ever take it from him. He had found the Kingdom of God within himself. We think we live in a difficult time, but Jesus lived in a very troubled time. There were few rights and little civil liberty for the Jews of his time. But he found the peace that passes all understanding." And he promised that we can do what he did and even greater things. He said, "Peace I leave with you; my peace I give to you; not as the world gives do I give to you. Let not your hearts be troubled, neither let them be afraid."

Let us practice a peaceful mind, through changing the negative to positive; by focusing on what is right, rather than what is wrong; by centering on the breath, or an affirmation, or some beautiful music. And most of all by knowing there is a great Divine Order at work in the universe and the peace that passes all understanding.

Love & Blessings,
Rev. Kathy

INSIDE THIS ISSUE:

Workshops	2
Party Program	3
More Events	4
Sunday Lessons	6
Calendars	7
About Us	9

Special Points of Interest:

Party Program 2011!
We had so much fun last year, we are doing it again.

Poetry Reading & Book Signing by our very own **Ann Berens**! May 22nd

President Abe Lincoln and his wife Mary are coming for a visit! June 24th

New Class!
Prosperity Plus with Rev. Kathy Starts June 22nd

UPCOMING EVENTS:

You don't want to miss two events with Robert Labensart!

Robert Labensart is a Qigong and Yoga teacher, a certified Massage therapist, and a certified Alchemical Hypnotherapist. His passion has been dedicated to helping people experience greater serenity, health, vitality and inner freedom. For 25 years, he has helped his clients clear stress, transform negative belief patterns, and eliminate pain, aging and health challenges by providing alternative healing approaches and therapies. He works with some of the most effective natural therapies and energetic devices. He also teaches Qigong and Yoga locally in Santa Rosa for only $5 per class. Robert Labensart, CMT,CHT,RYT www.therapiesforliving.com

1. Transform Limiting Beliefs:
Live, Love and Thrive with Psych-K, whole brain stimulation and Alpha Breathing
Workshop with Robert Labensart
Sunday, May 15th, 1-2:30pm
$15/person
$20/two people = Bring a friend!

Your subconscious may hold self-defeating beliefs, attachments and sabotaging fears. These may limit what you can achieve and negatively affect your self-confidence, health, spirituality, prosperity and relationships. If your life feels like a car being driven with one foot on the accelerator and one foot on the brake, chances are you have a conflict between your conscious goals and your hidden subconscious limiting beliefs. This conflict can be resolved through Psych-K and Intuition Releasing which combines specific exercises to stimulate both hemispheres of the brain, breathing techniques, visualizations and eye exercises.

2. Self-help Approaches for life's Health Challenges -
ways to help relieve arthritis pain, insomnia, menopausal symptoms, constipation, memory challenges of aging, back pain and headaches.
Workshop with Robert Labensart
Sunday, June 5th, 1-2:30pm
$15/person
$20/two people = Bring a friend!

Come and learn how to dissolve back, neck, shoulder pain. Easily learned and effective.
The health tips shared will be drawn from reflexology, acupressure, polarity therapy techniques, alpha breathing, detoxification tips, mind gems from Dorthy Espeau, qigong, yoga practices and therapeutic machines.

Robert draws on 25 years of practice as an energetic healer, certified massage therapist, certified Alchemical Hypnotherapist, Qigong, meditation and Yoga teacher.

Sunday Guest Speaker, Allan Hardman

Sunday, June 12, 10:30am Lesson: "Self Forgiveness"

Workshop with Allan

"The Transformational Power of Self Forgiveness"
Sunday, June 12, 1:00-4:00pm
$30 Early Bird Price / $35 after May 29th
Pay by Sunday May 29th to get an Early Bird Special of just $30!

Many people turn to God to "forgive a wretch like me," but until we find or accept the forgiveness within, we cannot be truly happy. Allan's "forgiveness" may seem radical to some: "There is nothing to forgive." Drop into this place of enduring peace with Allan, as he shares his loving perspective with us.

Allan Hardman is a masterful and passionate spiritual teacher, coach, and relationship counselor. Allan's background includes over twenty years as a practitioner and instructor of Alchemical Hypnotherapy and spiritual psychology, and a **ten year personal apprenticeship with Don Miguel Ruiz, author of The Four Agreements** and other books. He is a Toltec Master in that tradition and brings his wisdom of the Toltec path to his work with spiritual counseling and emotional healing. Allan is the author of *The Everything Toltec Wisdom Book*, and co-author of *The Heart of Healing and Healing the Heart of the World*, with Deepak Chopra, Dean Ornish, Caroline Myss, and many others.

Allan says: "All life is based on relationships, and the most important relationship is the one we have with ourselves. Most people have learned to believe lies denying their value and worth in the world. I am passionate about helping us all change how we "dream" ourselves — and learn to love and accept themselves just as we are (and just as we are not!). When we heal our relationship with ourselves the entire world we live in changes. Want to change your world? Let's do it!" For more information, visit www.joydancer.com

Party Program 2011!

When: **Parties are held July through December.**
Get your party ideas turned in by Sunday, June 5th.
Buy tickets for all parties on Party Sunday, July 17th.

Where: Tickets purchased at Unity Church of Santa Rosa.
Parties held at individual homes/places determined by each party giver.

Why: For fun and fundraising, building community and creating prosperity.

A booklet of all the parties available will be created for your review at the end of June. Then on July 17th, Party Sunday, we will have the opportunity to purchase tickets to parties through the end of the year. These will be given and attended by you!

This is how it works:

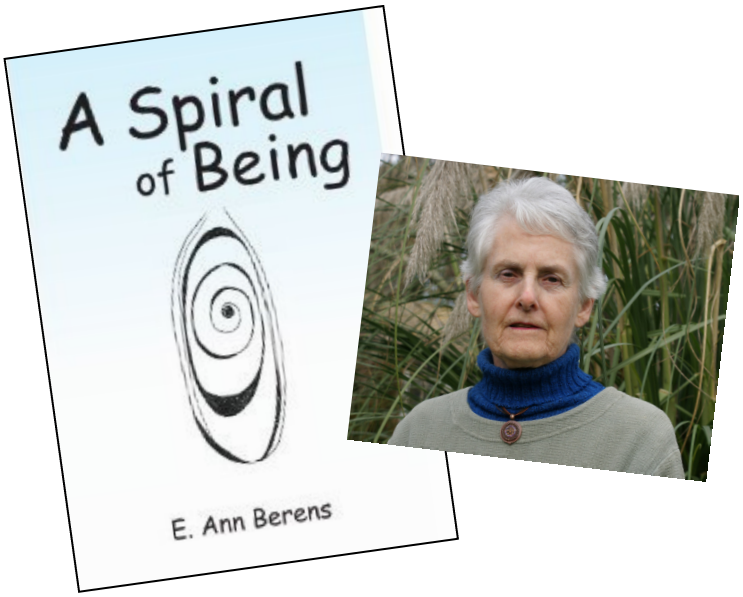
1. Think of a creative party that you want to throw. It can be a simple dinner in your home, a Greek Festival, a children's gathering in the park, a wine tour, a weekend at a summer home that you own in Hawaii, a High Tea, a Halloween Costume Party, a Christmas Craft Class, a night of dinner and theater, and just about anything else you can think of. The party can be anywhere you choose.

2. Decide what date and time your party is going to be. (Any date between July 17 and December 31, 2011.) Please avoid Sunday afternoons, unless you check in with the church, and the fourth Saturday morning of each month.

3. Then choose how many people you can have at your party and the price per ticket. (If it's at your house and you can only hold 30, then that would be the limit). This is YOUR choice. Determine the price of the ticket. What do you think people will be willing to pay? (For example, if you are going first class for 10 people, would they pay $50 or $100 a plate? Or would $20 a person be more reasonable? If you join with several others to charter a wine tour what would be a good fair market value for people to pay?)

4. Then fill out one of our Party Program Registration forms and turn it into the office. Forms are due June 12th. This is a great *FUN*-raiser because it creates community throughout the year and you end up attending parties with people you do not know yet. It is a *FUND*-raiser because it is a tax-deductible donation to Unity Church of Santa Rosa. Those who throw the parties are doing it at their own expense, but the fair market value can be considered a tax-deductible donation. People then buy tickets to attend however many parties they want, and that money goes to the church. Throwing a party and/or attending a party, benefits Unity Church of Santa Rosa and is a win/win because giving or purchasing a party is tax-deductible.

Remember to submit your party idea on the Party Registration Form by June 5th!



Poetry Reading and Book Signing

with E. Ann Berens

Sunday, May 22nd, after the service

Come join Ann as she presents her newly published poetry.

Ann Berens, born and educated in England, emigrated to Canada in 1956. She and her husband moved to California with their two children in 1962. Ann's work as an Elementary school teacher, a volunteer in various children's advocacy organizations and with emotionally disturbed adults, is the background from which her poetry grew. Much of it came from her spiritual search while in Berkeley and now Santa Rosa, CA.

Being Now
By E. Ann Berens

Joy in the moment—being who I am.
How can I keep this sense of now?
Each breath I take is rich, sustaining life.

My eyes delight in what they see,
beauty in shapes and color surrounding me.
In sun and rain I wonder at each sparkling thing.

Energy within, bursts into action
In response to what is now. I reach
to know my oneness with the Universe.

Each present moment opens me to joy.
Released from clinging to the past
my mind dwells in my love of life.

Fully present in each instance guarantees
my life is real. I act spontaneously, true
to who I am from deep within.

HUMAN RACE 2011 30 Years & RUNNING Strong

It's not too late!
You can help
Unity Church of Santa Rosa
raise funds for the church .
We can accept donations
until May 25th.

Saturday, May 7, 2011

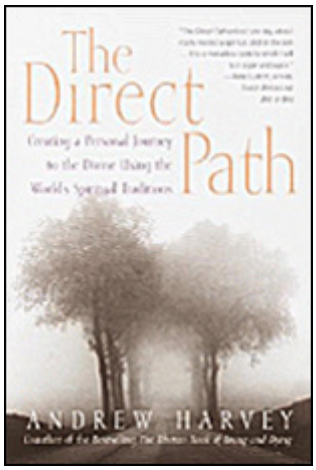
http://humanrace.kintera.org/unitychurchofsantarosa

The Human Race will be held on **Saturday, May 7th** at Slater Middle School in Santa Rosa. The money will benefit Unity Church of Santa Rosa and the event will help as a way to build awareness in the community about the church.

Practicing the Presence

Wednesday Afternoon Meditation Class
May 11- June 8, 2:00- 3:30pm

With Rev. Alyzsa VanTil we will study the meditation practices of the mystics of many religions. The focus of our time together will be practicing these meditations with plenty of time for silence. Our goal is to awaken to a deeper journey with the Oneness both within ourselves and all of creation and to use our awareness in service to our spiritual community and the world. You are welcome to join us for any or all of these classes.



Rev. Alyzsa has been studying the mystics for more than ten years and looks forward to sharing how this study has blessed her own spiritual growth.

New Member Class

Tuesday, May 17th, 6:30-8:30pm

This 2-hour class will focus on what it means to become a member of Unity Church of Santa Rosa and some of the primary Unity concepts and beliefs. It also gives you a chance to meet others who are just joining and to ask Rev. Kathy any questions you have.

To sign up for the class, please use the sign up sheet in the Social Hall a few weeks before the class or call during our business hours. 707-542-7729

Love is Eternal
An Evening with Abe & Mary

Friday, June 24
Potluck Dinner: 5:30 pm
(Abe & Mary Lincoln may even join us for dinner)!
Performance: 7:00 pm
Suggested $10 Love Offering

Since the time of Abraham and Mary Lincoln, the rolling hills of Bluegrass Kentucky remain astonishingly beautiful to this day. In the early 1800's the countryside was marked with tobacco fields interspersed with horse farms which brought the region its fame.

The miles between Hodgenville and Lexington can be measured in miles, but the distance between them—and what it represents—is more difficult to calculate as we attempt to look at the lives of Mary and Abraham Lincoln.

The son of Thomas Lincoln and Nancy Hanks lived in a rough hewn log cabin carved out of the woods near Hodgenville. Hard work was the order of the day, however, Abraham became an ardent learner despite his lack of consistent schooling. More than a century and a half after his death, his birthplace has been turned into a shrine and his humble roots have been legendary.

The contrast between Hodgenville and the thriving metropolis of Lexington dubbed "the Athens of the West, is striking. Mary grew up in an elegantly appointed mansion full of European imports and family mementos. She was connected by blood or intermarriage with nearly all the important political leaders of the day. Today one can see the trappings of her family's pedigree and the sense of rank and privilege they enjoyed. Dolly Madison, the widow of James Madison had warm relations with her Todd kin. Mary was given a superior education and went to school many years more than the average male in America. An older sister married the son of the Governor of Illinois and a younger married the son of the Governor of Kentucky.

Roger and Colleen Vincent will give a review of what happened to this couple who gathered in a parlor with family and friends and were married Nov 4, 1842. It was a dreary and stormy night. What happened next is well documented in history.

Roger Vincent enjoyed teaching the 5th grade where he taught U.S. history with a flare. Encouraged by his family to share the story of Abraham Lincoln, he has been doing presentations for 25 years. He brings his portrayal of the 16th president with vibrant sincerity.

Colleen Vincent is also a teacher and shares the interest in Lincoln's family. She brings her talents to her portrayal of Mary Todd Lincoln as a very brilliant and flawed woman.

Community Advertisements

The views and practices of paid advertisements and classified listings are not endorsed by or affiliated with Unity Church of Santa Rosa.

Kathleen Hoare
Your navigator in today's complex mortgage world
www.SonomaCountyHomeLoans.com

Phone (707) 546-6675
Fax (866) 611-6713
kathy@sonomacountyhomeloans.com
California DRE license #01433010 NMLS #252190

FirstPriority
California DRE license #00654852 NMLS #3257

INSURED
LIC. #945700

Fitzgerald Masonry
ALL TYPES

BRIAN FITZGERALD
(707) 393-1906

P.O. BOX 992
WINDSOR, CA 95492

Newsletter Advertising

We have a wonderful way for you to reach 200 local homes by advertising right here in this newsletter. This is a bimonthly publication with 6 issues a year. All advertisements and classified ads are due before the 1st of the month prior to the next edition. (Example: Ads are due Oct 1st for the Nov/Dec edition.) Display ads and classified listings will be approved for services, businesses, and events that align with the Unity principles and depending on our own event calendar. Pricing for each publication is as follows:

Classified Listing: $5
A listing is a text only ad with 30 words or less.

Display Ads:
Business Card Display Ad: $20
1/4 Page Display Ad: $40
1/2 Page Display Ad: $80
Full Page Display Ad: $160

Call now to advertise.
707-542-7729

Upcoming Sunday Services

May 1, Rev. Kathy
Lesson: "Intuition and Guidance"
God communicates with us and guides us in countless ways. Our Mother/Father god has been speaking to us through signs and symbols and wonders from the beginning. Often we experience them through our intuition.
Special Music: Congregation Sings!

May 8 Mothers' Day, Rev. Kathy
Lesson: "Heavenly Mother"
We all have a longing for Mother God. This is an important time in history for healing the mother in ourselves and in our world. We do that by expressing her qualities of nurturing love. We remember Our "heavenly" or Divine and earthly mother this day.
Special Music: Amitabhan

May 15, Rev. Kathy
Lesson: "Inner Visioning"
Ask, see, speak, and act…with imagination and faith…and we cannot fail, overcoming all
obstacles and realizing our dreams.
Special Music: Ava Grail

May 22, Rev. Kathy
Lesson: "Healing Power"
A healing consciousness is our conscious awareness of our oneness with God. It becomes like a
magical healing presence for others.
Special Music: Maury Manseau & Cheri Buonaguidi

May 29, Rev. Kathy
Lesson: "Reverence for Life"
The focus today is on three ways to experience a reverence for life: 1) Beholding the Christ; 2) Compassionate listening; and 3) Loving Kindness
Special Music: Andoni Panici

June 5, Rev. Kathy
Lesson: "Expect a Miracle"
Miracles are expressions of Grace--God's love in action. We do not have to earn them but we can expect them.
Special Music: Julie Rae & Mike Yee

June 12, Allan Hardman, Guest Speaker
Lesson: "Self Forgiveness"
Many people turn to God to "forgive a wretch like me," but until we find or accept the forgiveness within, we cannot be truly happy.
Special Music: Star Tom www.StarTomMusic.com

June 19, Rev. Alyzsa VanTil, Guest Speaker
Lesson: "This is My Father's World"
Special Music: Maury Manseau & Cheri Buonaguidi
Happy Father's Day!

June 26, Rev. Kathy
Lesson: "Divine Protection"
Unity's poem "The Prayer for Protection emphasizes physical and spiritual protection and brings comfort when safety is at the forefront of world topics today.
Special Music: Andoni Panici

Unity Women of Wisdom…

The Unity Women of Wisdom (UWOW) consists of members and friends of Unity Church of Santa Rosa. It is a spiritual, social, and service group dedicated to the Truth Principles of Unity. UWOW meets the 4th Saturday of each month at the church, unless otherwise noted. The next meeting will be:

Meeting & Potluck 11:00am-1:00pm

Saturday, May 28th

Saturday, June 25th

All women are welcome! Please join us for this powerful time of bonding with each other. For more information and to see our recent projects, visit: www.unityofsantarosa.org/uwow.php

Friendship Sunday!
Sunday, May 22nd, and every 4th Sunday of each month Bring a friend to church today! This is also a nice Sunday to bring an extra snack or dish to share for the Social Hour following service.

Special Offer
from David Quigley

May 14 - 15 Somatic Healing
Sponsor: Alchemy Institute of Marin
Location: World of Massage in Marin

Normally this class is $400 and he is offering it for $300. Then he is offering to give half back to Unity Church of Santa Rosa for any of our congregants who attend!!

For more information visit his website:
www.alchemyinstitute.com/somatic.htm

To register for the class call 1-800-950-4984.

Unity Church of Santa Rosa

4857 Old Redwood Hwy, Santa Rosa CA 95403
707-542-PRAY (7729) | info@unityofsantarosa.org
Sunday Service and Sunday School: 10:30am

May 2011

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 **10:30am Sunday Service:** Rev. Kathy **Lesson:** Intuition & Guidance **Special Music:** Congregation	2	3 **10:30am-12 noon** Dream Group Meets 1st & 3rd Tues	4	5 **Dine & Donate at Norm's Kitchen** When you eat here on this day only, Unity will get 10%!	6	7 **7-11:30am:** Human Race!
8 **Mother's Day** **10:30am Sunday Service:** Rev. Kathy **Lesson:** Heavenly Mother **Special Music:** Amitabhan www.Amitabhan.com **11:30am:** Used Book Sale & Collage Sale 	9	10	11 **2:00-3:30pm:** Afternoon Meditation Class with Rev. Alyzsa VanTil Drop-ins welcome	12	13	14
15 **10:30am Sunday Service:** Rev. Kathy **Lesson:** Inner Visioning **Special Music:** **1pm-2:30pm** Workshop with Robert Labensart	16	17 **10:30am-12 noon** Dream Group Meets 1st & 3rd Tues **6:30-8:30pm** New Member Class with Rev. Kathy	18 **2:00-3:30pm:** Afternoon Meditation Class with Rev. Alyzsa VanTil Drop-ins welcome	19	20	21
22 **10:30am Sunday Service:** Rev. Kathy **Lesson:** Healing Power **Special Music:** Maury & Cheri **11:30am:** Poetry Reading and Book Signing with Ann Berens **Friendship Sunday**	23	24	25 **2:00-3:30pm:** Afternoon Meditation Class with Rev. Alyzsa VanTil Drop-ins welcome	26	27	28 **11am-1:00pm:** Unity Women of Wisdom Meeting & Potluck
29 **10:30am Sunday Service:** Rev. Kathy **Lesson:** Reverence for Life **Special Music:** Andoni Panici	30 **Memorial Day** Formerly known as Decoration Day, Memorial Day is observed on the last Monday of May. First enacted by former enslaved Africans to honor Union soldiers of the American Civil War, it was extended after World War I to honor Americans who have died in all wars. 	31				

Unity Church of Santa Rosa

4857 Old Redwood Hwy, Santa Rosa CA 95403

707-542-PRAY (7729) | info@unityofsantarosa.org

Sunday Service and Sunday School: 10:30am

June 2011

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 **2:00-3:30pm:** Afternoon Meditation Class with Rev. Alyzsa VanTil Drop-ins welcome	2	3	4
5 **10:30am Sunday Service:** Rev. Kathy **Lesson:** Expect a Miracle **Special Music:** Julie Rae & Mike Yee **1pm-2:30pm** Workshop with Robert Labensart	6	7 **10:30am-12 noon** Dream Group Meets 1st & 3rd Tues	8 **2:00-3:30pm:** Afternoon Meditation Class with Rev. Alyzsa VanTil Drop-ins welcome	9	10	11
12 **10:30am Sunday Service:** Guest Speaker, Allan Hardman **Lesson:** Self Forgiveness **Special Music:** Star Tom **1:00-4pm Worksthop with Allan** "The Transformational Power of Self Forgiveness"	13	14 **Flag Day** In the US, Flag Day commemorates the adoption of the flag of the United States, which happened this day by resolution of the Second Continental Congress in 1777.	15	16	17	18
19 **Father's Day** **10:30am Sunday Service:** Guest Speaker Rev Alyzsa VanTil **Lesson:** This is My Father's World **Special Music:** Maury Manseau & Cheri Buonaguidi	20	21 **10:30am-12 noon** Dream Group Meets 1st & 3rd Tues	22 **6:30-8:30pm** Prosperity Plus Class with Rev. Kathy Sign up now! Materials fee $49 10-week Program	23	24 **5:30pm** Potluck with Abe Lincoln **7:00-8:00pm** Abe Lincoln will speak	25 **11am-1:00pm:** Unity Women of Wisdom Meeting & Potluck
26 **10:30am Sunday Service:** Rev. Kathy **Lesson:** Divine Protection **Special Music:** Andoni Panici **Friendship Sunday**	27	28	29 **6:30-8:30pm** Prosperity Plus Class with Rev. Kathy	30		

About The Church

YOUTH EDUCATION

Our youth meet every Sunday at 10:30am under the loving direction of our Sunday School teachers Merrie Rivera, Alannah Williams-Oliver, and Patricia O'Connell. The YE room is set up for childcare and youth classes. Your children will not want to leave!

UNITY PRAYER CIRCLE

Join us for early-morning prayer and meditation before the Sunday Service. Sunday from 9:40-10:00am in the Youth Ed Room.

MUSIC

Unity Church of Santa Rosa has a talented choir called Heartsounds. We also have a dedicated and oh-so-talented pianist Guy Richards. Our music director is Jeanette Brizee. She and Randi Vessels are our song leaders. We continue to invite wonderful musicians. Make sure to check the music calendar on our website to see any updates.

Special Music Line-up

May 1 Congregation Sings!
May 8 Amitabhan www.Amitabhan.com
May 15 Ava Grail
May 22 Maury Manseau & Cheri Buonaguidi
May 29 Andoni Panici
June 5 Julie Rae & Mike Yee
June 12 Star Tom www.StarTomMusic.com
June 19 Maury Manseau & Cheri Buonaguidi
June 26 Andoni Panici www.AndoniPanici.com

For an up-to-date list of musicians, please visit our website at www.UnityofSantaRosa.org.

2011-12 Board of Trustees	
Minister	Rev. Kathy McCall
Board President	Wayne Wong
Vice President	Sue Hicks
Secretary	Kathy Hoare
Treasurer	Cindy Jacobs
Here to Serve You At Unity	
Sunday School	Merrie, Alannah, Patricia
Executive Assistant	Liz Lockett
Bookkeeper	Sue Dyslin
Chaplains	James/Jeannette/Randi/Paul/Robin
Music Director	Jeanette Brizee
Pianist	Guy Richards
Newsletter/Bulletin	Liz Lockett
Social Hour	Kathy Hoare
Sound Team	Hicks/Jones/Fitzgerald
Special Events/UWOW	Rev. Kathy McCall
Tithe Team	Rev. Kathy and Daphne Tanner
Ushers and Greeters	Nancy Caplan/Jeannette Chapman
Plant Care	Wayne Wong

Mother's Day, Sunday, May 8

Special Musician **Amitabhan** will share his musical and vocal talent with us during the Sunday Service.

A guitar player for over 25 years and performing since 1989, Amitabhan has been deeply influenced by a variety of spiritual traditions. Equally comfortable performing original songs "born in the depths of a quiet gratitute," or in Kirtan settings, his music evokes the sacred — blending reverence and gratitude with a sense of surrender into the changeless.

He has performed for large groups of people at satsangs, retreats, and in a variety of spiritual settings. An award winning songwriter, he has also performed widely as a solo folk artist and with various bands in California and Alberta.

www.Amitabhan.com

Volunteer Opportunities

Art and Floral Team Members—Bring flowers and help decorate church on some Sundays and for special events.

Greeters and Ushers—To greet people as they arrive and leave, and hand out bulletins on Sunday mornings and occasional Special events.

Prosperity Team—Help with fundraising and church growth.

Historian—Creates scrapbooks of church photos and info for archives.

Hospitality Host/Hostess (1-2) —Sundays per month to make coffee, set up snacks and clean up; arrive at 9:45 am.

Marketing/PR Assistant—Assists our Executive Assistant, Liz, with various aspects of marketing the church: renews Craigslist ads daily; manages newsletter ads; writes press releases; flyer distribution, radio, television promotion (Any or all of above).

Newsletter Assembly Team—Help with folding and preparing the newsletter for mailing one afternoon every two months.

Newsletter Contributors—Examples: Read and write a book review every two months; Interview congregants about how they found Unity and what it means to them. (2 per issue-every two months).

Photographer—Takes photos of church special events, holidays, etc.

Rental Manager—Coordinates and promotes church facility rentals.

Sound Team Tech—(1) Sunday per month to run sound for Sunday Services. Training is provided.

Volunteer Coordinator—To recruit, coordinate, and support volunteers and appreciation efforts; Creates 1 or 2 annual events to honor volunteers.

Workshop/Event/Party Planners—Leader(s) to help organize up-coming events and parties and gather volunteers to assist.

Workshop/Event/Party Assistants—To assist with set-up/break-down; registration and ticket sales.

Contact the office or talk to Rev. Kathy about how you can help.

Mary Morrissey LifeSOULutions presents

Prosperity Plus ...A New Way of Living

A 10 Week Course That Will Change Your Life!

This course features video presentations by
Mary Manin Morrissey with Karen Joyce

and will be facilitated by:
Rev. Kathy McCall

Mary Manin Morrissey is the founder and CEO of LifeSOULutions, an international company providing programs and products that transform dreams into reality. A highly sought after inspirational speaker, best-selling author, minister, executive coach and consultant, she has spoken at the United Nations, met with Nelson Mandela, lead meetings with the Dalai Lama, and authored two best-selling books, *No Less Than Greatness* and *Building Your Field of Dreams*. No stranger to huge success and massive failure, in 2004 she suffered the crushing loss of her mega church and all she had worked for. Starting from ground zero, she put the Prosperity Principles to the test, and harnessing the Universal power of these spiritual laws rebuilt her success and great work in the world. Mary has 30 years experience of empowering churches and individuals in achieving new heights of spiritual aliveness, wealth, and authentic success.

Karen Joyce is Mary's business partner in LifeSOULutions. She is an executive coach, successful business entrepreneur and dynamic motivational speaker leading people to higher levels of success. In 1999, inspired by the Columbine tragedy, Karen founded AKTNOW, a non-profit organization, creating Acts Of Kindness teams in high schools throughout the U.S.

Wednesdays
June 22 – August 24, 2011
6:30pm – 8:30pm
Unity Church of Santa Rosa
4857 Old Redwood Hwy, Santa Rosa

To register, fill out a registration form online, at church, or by calling: 707-542-PRAY (7729)

Course materials $49
Pre-registration is required

You Will Discover:

- Strategies for positive living "beyond the news" – even in uncertain times
- Ways to open yourself to a greater flow of good
- How to generate thoughts and choices that lead to new results in life
- Tools for living each day from a state of abundance and prosperity

You Will Receive:

- Your own Prosperity Plus Guide that includes a course workbook and audio CDs for each class

Please use this form, pick one up at Unity, or print one from online to register for this class.

REGISTRATION FORM

Program Dates: Wednesdays June 22 – Aug 24, 6:30-8:30pm

Cost of Program Materials: $49.00

Location: Unity Church of Santa Rosa, 4857 Old Redwood Hwy, SR 95403

Name(s) of Attendee(s): _____

Total purchase: $_____

☐ Credit Card In-Person (paid at church or by phone 707-542-7729) ☐ Check Check # _____

☐ Credit Card Online (go to www.UnityofSantaRosa.org) ☐ Cash

Credit Card Authorization:

Name as it appears on card (print): _____

Card Number:_____ Exp. Date: ____ / ____ / ____ CSV _____

Home Phone: (_____) _____ Alt Phone: (_____) _____

Address:_____

City:_____ State:_____ Zip:_____

Email: _____

Signature: _____ Date: _____

If you have any questions, please call 707-542-7729 or email us at info@unityofsantarosa.org

Mary Morrissey LifeSOULutions

All are welcome!

UNITY CHURCH OF SANTA ROSA
4857 OLD REDWOOD HWY
SANTA ROSA, CA 95403

Located just north and across from Molsberry Market in the Larkfield Business Park.

Rev. Kathy McCall

E-Mail:
revkathy@unityofsantarosa.org

Office E-Mail:
info@unityofsantarosa.org

Phone: (707) 542-PRAY (7729)

Fax: (707) 542-7732

We're on the Web!
www.UnityofSantaRosa.org

Office: Tue-Thu, 10am- 4pm

Sunday Service: 10:30am

Used Book Sale & Collage Artwork Sale

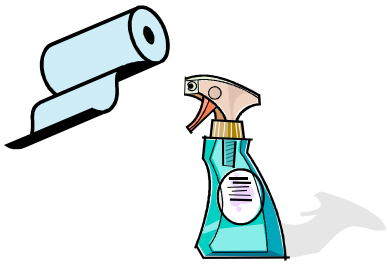
Sunday, May 8th, 11:30am after Service

Come check out the great books donated for this sale!

The Collage Sale is a generous donation by Rev. Alyzsa VanTil.
The collages came as an answer to Rev. Alyzsa's question: "How does God want to express through me after retirement?" She noticed that she was creating more collages than she had frames for, so she created a collage show and workshop at Unity Palo Alto and had a wonderful response. She took her show on the road when she retired - travelling to Unity churches (where friends lived) across the country. After 9/11, she felt called back into church ministry, and since her second retirement she has started a prayer shawl ministry.

Helpful Giving

If you are in the supermarket or office supply store and see a good deal, why not pick up some extra for the church? This is an inexpensive way to help above and beyond your usual tithing. We can use:



- Standard white copy paper
- Paper towels
- Toilet paper & Kleenex
- All-purpose cleaner
- Small bottled water (8-10 fl oz)
- 30 gal & 13 gal trash bags

If you think of something else, please just ask!

THE UNITY MESSENGER
UNITY CHURCH OF SANTA ROSA
4857 OLD REDWOOD HWY
SANTA ROSA, CA 95403

Please recycle this newsletter or pass it on to another person when you are finished with it. If you would like to receive this information by email to save on resources, please let us know!

RETURN SERVICE REQUESTED

Sent with love to someone special: